



# ABC's of Life

By Mark Rickerby



# THE ABC'S OF LIFE

This is for big boys and girls who already know their ABC's with a few friendly suggestions to navigate your life with ease.

**A** is for Adventurous - excited, not scared.

**B** is for Beauty, especially when shared.

**C** is for Compassion for all humankind.

**D** is for Discipline - heart, soul and mind.

**E** is for Exuberance - happy thoughts only!

**F** is for Friendliness, so you'll never be lonely.

**G** is for Gratitude, even when sad or lost.

**H** is for Honesty, even when at a cost.

**I** is for Integrity, honesty's biggest prize.

**J** is for Joy that shines from your eyes.

**K** is for Kindness freely given and true.

**L** is for Love for all life (and you, too!)

**M** is for Modesty; humility won't hurt you.

**N** is for Noble, the pursuit of true virtue.



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**O** is for Optimistic, no matter how hard the hit.

**P** is for Persistent to never, ever, (ever!) quit.

**Q** is for Quiet to hear your soft, inner voice.

**R** is for Responsible to make the smart choice.

**S** is for Serene when the world seems tossed.

**T** is for good Temperament so you won't get lost.

**U** is for Understanding another may be right.

**V** is for Valor to avoid an unnecessary fight.

**W** is for Wisdom for choosing which dares to take.

**X** is for X-ray for bad choices (to fix what you break.)

**Y** is for a Youthful heart, even when you're old.

**Z** is for Zaniness, to help you reach that goal.

That's the ABC's, dear children.

Use them wisely, use them well.

For with them, you can make a curse  
or a fantastic tale to tell!

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